

PRAYER LIFE

8 KEYS
TO A MORE
POWERFUL
PRAYER LIFE

**WHY
SHOULD
WE PRAY?**

8 TIPS
ON
DEVELOPING
A PRAYER
LIFE

Prayer

When does the Bible tell us to pray? In 1 Timothy 2:1-3, Paul tells his young pupil: “The first thing I want you to do is pray. Pray every way you know how, for everyone you know...” (MSG). In 1 Thessalonians 5:17, Paul also says, “never stop praying.” Prayer is a Christian’s most powerful tool. Below, discover helpful insights, information, and tips on how to develop a consistent, fruitful prayer life.

Why Should We Pray?

1. God’s Word Calls Us to Pray:

“Call upon Me in the day of trouble; I will deliver you, and you shall glorify Me.” - Psalm 50:1

Prayer is an act of obedience. God calls us to pray, and we must respond.

2. Jesus Prayed Regularly:

Matthew 14:23, Matthew 26:36, Mark 1:35, Luke 5:16, Luke 6:12, Luke 18:1.

3. Prayer is How We Communicate with God:

Prayer allows us to worship and praise the Lord. It also allows us to offer confession of our sins, which should lead to our genuine repentance. Moreover, prayer grants us the opportunity to present our requests to God.

4. Prayer Allows Us to Participate in God’s Works:

Does God need our help? No. He is all powerful and in control of everything in His creation. Why do we need to pray? Because prayer is the means God has ordained for some things to happen.

5. Prayer Gives Us Power Over Evil:

“Watch and pray so that you will not fall into temptation. The spirit is willing, but the body is weak.” – Matthew 26:41

6. Prayer is Always Available:
Nothing can keep us from approaching God in prayer except our own choices.
7. Prayer Keeps Us Humble Before God:
Humility is a virtue God desires in us (Proverbs 11:2; 22:4; Micah 6:8; Ephesians 4:2; James 4:10). Prayer reminds us that we are not in control, but that God is—and this keeps us from pride.
8. Prayer Grants Us the Privilege of Experiencing God.

How Often Should We Pray?

1 Thessalonians 5:16-18 – “Rejoice always, pray without ceasing, give thanks in all circumstances; for this is the will of God in Christ Jesus for you.”

8 Keys to a More Powerful Prayer Life

1. Know to whom you are speaking
2. Thank Him
3. Ask for God’s will
4. Say what you need
5. Ask for forgiveness
6. Pray with a friend
7. Pray the Word
8. Memorize Scripture

6 Different Types of Prayers

1. The Prayer of Agreement
2. The Prayer of Faith
3. The Prayer of Consecration and Dedication
4. The Prayer of Praise and Worship
5. The Prayer of Intercession

6. The Prayer of Binding and Loosing

8 Tips on Developing a Prayer Life

1. Schedule It.
Mark 1:35 – “Before daybreak the next morning, Jesus got up and went out to an isolated place to pray.”
2. Prayer Partner – Find someone you can pray with, someone who can relate with you because they resemble your chaos and because they have been there. Find someone you trust, someone you can share your innermost fears with.
3. Do not feel limited by space. Change it up. Sit somewhere else or get up and walk around. You don’t have to be kneeling on the floor, at the altar, by your bed; there is no formula for where to pray.
4. Don’t be limited by time.
5. Slip Away (excuse yourself) - Scripture says Jesus slipped away to pray. There are times when you need to slip away.
6. Don’t limit yourself to just one type of prayer; mix it up: Confess, worship, shout, wait in silence, trust, intercede, etc.
7. Write down your requests. Keep a list of what you prayed or are praying for.
8. Pray in the Spirit. If you are not filled with the Holy Spirit, I encourage you to seek the baptism of the Holy Spirit with the accompanying gift of tongues.

[More About Prayer](#)